

Allergy-Friendly



Vermont's Premiere **Gluten-Free** Bakery

BREADS *Baked every Thursday!*

All breads are made with our proprietary certified gluten-free bread flour and started with white sugar to feed the yeast.

DAIRY - FREE

WHITE / \$8.99

Classic white bread, made simply with flour, eggs, oil, and water

CHALLAH / \$8.99

Rich, eggy, and slightly sweet - our take on the Jewish staple

EGG WHITE CHALLAH / \$8.99

Our Challah, lightened up

OATMEAL / \$8.99

Loaded with certified gluten-free oatmeal and rich molasses

SUPER SEEDED / \$8.99

Peppered with walnuts, sesame seeds, poppy seeds, and a touch of honey

CINNAMON RAISIN / \$8.99

An aromatic loaf studded with raisins

BAGELS *Fresh every Saturday!*

DAIRY - FREE

PLAIN, CINNAMON RAISIN,
HONEY OAT, EVERYTHING,
MONTREAL, SESAME /
\$1.99 | 1/2 DOZ - \$11.55

SPECIAL ORDER: DAIRY - & EGG - FREE

PLAIN, CINNAMON RAISIN,
HONEY OAT, EVERYTHING,
MONTREAL, SESAME /
\$1.99 | 1/2 DOZ - \$11.50

REFINED SUGAR - FREE

PLAIN, HONEY OAT, EVERYTHING,
MONTREAL, SESAME, CHEDDAR,
CHEDDAR JALAPENO /
\$1.99 | 1/2 DOZ - \$11.50

Updated: July 16, 2021

BAKERY MENU

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MUFFINS

DAIRY - FREE

APPLE SPICE / \$3.25

Fall/Winter seasonal - a classic combination of apples, cinnamon, nutmeg, and allspice

BLACK FOREST / \$3.25

A mingling of tart cherries and rich chocolate

CITRUS POPPY SEED / \$3.25

Overflowing with citrus and crunchy poppy seeds, topped with a zesty glaze

MORNING GLORY / \$3.25

A healthful mix of apples, carrots, coconut, orange, walnuts, and cinnamon

PUMPKIN CHOCOLATE CHIP / \$3.25

Tender, lightly spiced, and loaded with chocolate chips

SPECIAL ORDER: DAIRY - FREE

CINNAMON SUGAR DONUT MUFFINS / 4PK - \$4.99

An old-fashioned donut made mini and rolled in cinnamon sugar

BLUEBERRY / \$3.25

Bursting with blueberries under a crunchy sugar top

ROLLS

DAIRY - FREE

TAKE N' BAKE / \$8.49

Frozen dinner rolls you bake yourself! Available DF in Plain (8) & Garlic (6)

SANDWICH ROLLS/ 6PK - \$8.99

Classic white rolls made for hearty sandwiches, hamburgers, and more!

SPECIAL ORDER: DAIRY - & EGG - FREE

TAKE N' BAKE / 6PK - \$8.49

Available dairy- and egg-free in Plain (8) & Garlic (6)

BAR S

DAIRY - FREE

BROWNIES / \$3.25

Fudgy, decadent and studded with chocolate chips

BROWNIE W/ DAIRY-FREE PEANUT BUTTER FROSTING/ \$3.95

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COOKIES

DAIRY - FREE

GINGER CRINKLE / \$2.39

Spicy ginger with a molasses hit

SPECIAL ORDER: DAIRY - FREE

PEANUT BUTTER / \$2.39

DECORATED SUGAR COOKIES /
\$3.50 | 6PK - \$21

Hand-decorated with dairy-free royal icing

DAIRY - & EGG - FREE

VEGAN CHOCOLATE CHIP / \$2.50

SPECIAL ORDER: DAIRY - & EGG - FREE

VEGAN PEANUT BUTTER / \$2.39

VEGAN DECORATED SUGAR
COOKIES / \$3.50 | 6PK - \$21

Hand-decorated with dairy-free, eggless royal icing

GRANOLA

DAIRY - & EGG - FREE

GRANOLA / 1 LB - \$8.59 | 2 LB - \$16

Our special mix of gluten-free oats, seeds, and honey

PIZZA CRUSTS

DAIRY - FREE

CLASSIC:

10" 2PK - \$6.49 | 10" 5PK - \$15.75 |

12" 2PK - \$8.79 | 12" 5PK - \$21

Par-baked flatbread crusts so good you'll wonder if they're really gluten-free

DAIRY - & EGG - FREE

VEGAN:

10" 2PK - \$6.49 | 10" 5PK - \$15.75 |

12" 2PK - \$8.79 | 12" 5PK - \$21

Our classic par-baked crusts made *dairy-* and *egg-free* (contains flax seed)

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PIES *Made to order*

SPECIAL ORDER: DAIRY-FREE

CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Mixed Berry, Raspberry

CREAM / 6" - \$12 | 9" - \$25

Chocolate Cream, Coconut Cream; also available in *ginger crinkle* and *vegan chocolate chip cookie* crusts

SEASONAL / 6" - \$12 | 9" - \$25

Lemon Meringue, Pumpkin

NUTS / 6" - \$15 | 9" - \$28

Maple Pecan, Pecan

SPECIAL ORDER: DAIRY- & EGG-FREE

CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Raspberry, Mixed Berry with *dairy-free* or *vegan graham cracker* crust

SEASONAL / 6" - \$15 | 9" - \$28

Vegan Pumpkin with *vegan graham cracker* crust

PIES (CONT)

REFINED SUGAR-FREE

TAKE N' BAKE PIE CRUSTS / \$7.50

Butter or *Dairy-free*, 9"

SPECIAL ORDER: REFINED SUGAR-FREE

CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Mixed Berry, Raspberry, *with* butter or *dairy-free* crust

NUTS / 6" - \$15 | 9" - \$28

Maple Pecan *with* butter or *dairy-free* crust

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OUR STORY

WE'RE LOIS & SARAH, THE MOTHER-DAUGHTER DUO AT WEST MEADOW FARM BAKERY.

We were both diagnosed with celiac disease over 20-years ago. We quickly discovered how challenging it was to find tasty food you can eat in a world full of gluten, *so we decided to create our own.*

After three years of trial-and-error, we opened up our home kitchen to bake gluten-free for others in 2003. Hearing customers say that **"you'd never know this was gluten-free,"** we moved into our first commercial space in 2009. Ten years later, we opened our current bakery at 4 Carmichael Street in Essex Junction, Vermont. You'll find us most days behind the counter, baking, refining new recipes, and finding new ways to help others live healthy, gluten-free lives.

CAKES & CUPCAKES

Birthday cupcakes to wedding cakes and all that's in between! Let's find a flavor combination that works for you.

SPECIAL ORDER: DAIRY-FREE

CAKES:

Vanilla, Chocolate, Carrot, Coconut, Lemon, Strawberry, Raspberry

FROSTING:

Vanilla, Chocolate, Lemon, Mocha, Strawberry, Raspberry, Peanut Butter

SPECIAL ORDER: DAIRY- & EGG-FREE

CAKES:

Vanilla, Chocolate, Carrot, Coconut, Lemon, Strawberry, Raspberry

FROSTING:

Vanilla, Chocolate, Lemon, Mocha, Strawberry, Raspberry, Peanut Butter

SPECIAL ORDER: REFINED SUGAR-FREE

CAKES:

Chocolate, Maple-Vanilla

FROSTING:

Maple Seven-Minute, Whipped Chocolate Ganache, Chocolate-Avocado

BAKERY MENU